

Wellness Programs

Reward your employees and they'll reward you back



Wellness programs

Wellness programs continue to grow in popularity with employers looking to offer positive incentives to employees. Employers can offer reimbursements on activities and programs such as gym memberships, fitness trackers, healthy food at the office, remote office expenses, mobile phone charges, team-building workshops, and other popular activities that promote health and a positive environment at the workplace or home office. The payback on wellness programs can be significant – less absenteeism, higher productivity, lower health premiums, and shorter recruiting cycles.

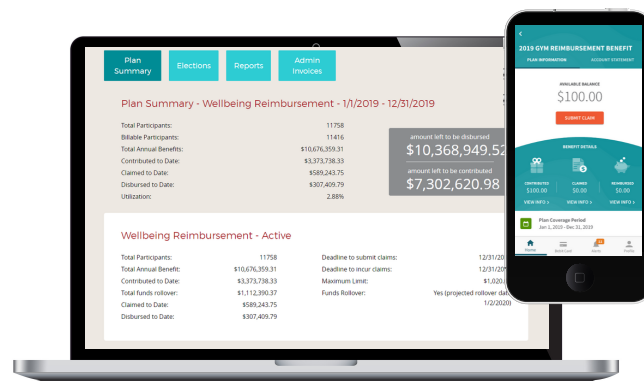
Common challenges

Effective wellness programs can reduce healthcare costs and aid in recruitment and retention. However, lack of program awareness and poor management often derail wellness programs. Common challenges we hear include:

- Wellness plans that don't align with employee goals
- Limited awareness of plan availability and offerings
- Inflexible reimbursement schedules
- Low/no monitoring and reporting on plan utilization
- Poor ROI due to low participation rates

Key benefits

- Increases employee engagement and productivity
- Configurable plan designs
- Easy to implement and launch
- Real-time financial monitoring
- MyNavia mobile app
- **100% US-based, live customer support**



Monitor wellness utilization in real-time

Navia Wellness Program solutions

Employee engagement

Avoid disengaged employees and low participation

Navia drives program adoption through targeted education plans that include e-mail campaigns, webinars, and promotional events.

Real-time financial monitoring

Don't be left in the dark about your program

Navia's employer portal allows HR and benefit program managers to monitor wellness utilization in real-time. See who's participating, and track your ROI over time.

Configurable plan designs

Never hear "we can't support that"

Navia's proprietary platform is the most comprehensive in the marketplace. It supports any program with configurable expense categories to ensure quick/accurate reimbursement.

MyNavia mobile application

Eliminate account access and payment headaches

Navia Wellness participants can login via fingerprint and facial ID (one less password to remember), easily submit claims, receive payment alerts, view account balances, and access eligible expenses... all on the go.

Studies show wellness programs save you \$\$

A study of 600,000 employees across seven companies shows wellness programs can save employers money by reducing hospital visits and absenteeism.



\$3.80

ROI from disease management programs

For every dollar invested, employers see a return of \$3.80. Savings are primarily the result of a 30% average reduction in employee hospital visits.



\$.50

ROI from lifestyle management programs

For every dollar invested, employers see a return of \$.50. Savings are primarily the result of a significant reduction in employee absenteeism.

Rand Corporation, "Wellness Program Study"



\$1.50

Average ROI with both programs

For every dollar invested, employers see a return of \$1.50.

Wellness product features

Navia's clients have access to industry-best features and capabilities:

Employers

- Configurable support for any innovative plan design
- Comprehensive enrollment and communications assistance
- Plan metrics at your fingertips on the employer portal
- Customizable balance rollover caps
- Automated online plan renewal
- Dedicated implementation manager
- Responsive and experienced employer service team

Participants

- Online or mobile wellness claims submission
- Knowledgeable service team to handle complex plan questions
- MyNavia mobile app
- Direct deposit for claims reimbursement
- Customer service online, by email, or by toll-free call

Unparalleled customer service

2X

An NPS survey sent to 13K clients ranked Navia 2X higher than the industry average for customer satisfaction.

10+

Navia's clients stay an average of 10+ years

98%

98% of all issues are resolved on the first call

30

Employers/participants wait less than 30 seconds before talking with a live person

99%

99% of all calls are answered on the first attempt

U.S.

100% US-based, live customer support

Connect with us today

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navia health



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